

Modern Times & True Love & Everlasting

Is there a secret to finding True Love?




“True love doesn’t have
a happy ending,
because true love
never ends.”
- Unknown

Bryan L. Hutchinson

*This book is about love, true love, the everlasting kind. This book is about
UNIVERSAL LOVE FOR ALL OF US.*

Please share this book with the people you truly care about, such as friends and loved ones or that special someone. It's a great way to show them how much you care.

Dedicated to the woman who changed my life.

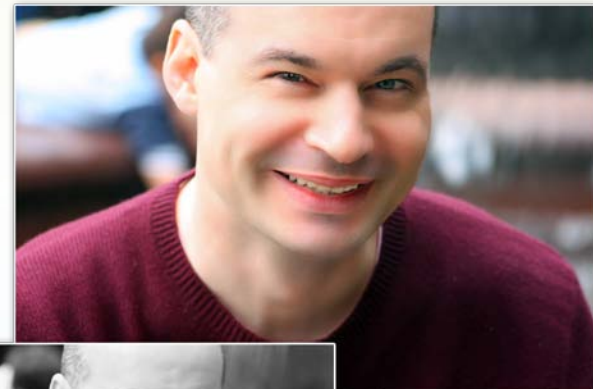


*“ With true love, the everlasting kind,
there is never a last kiss or a last rose
or a last bite of chocolate...
~Bryan & Joan Hutchinson ”*

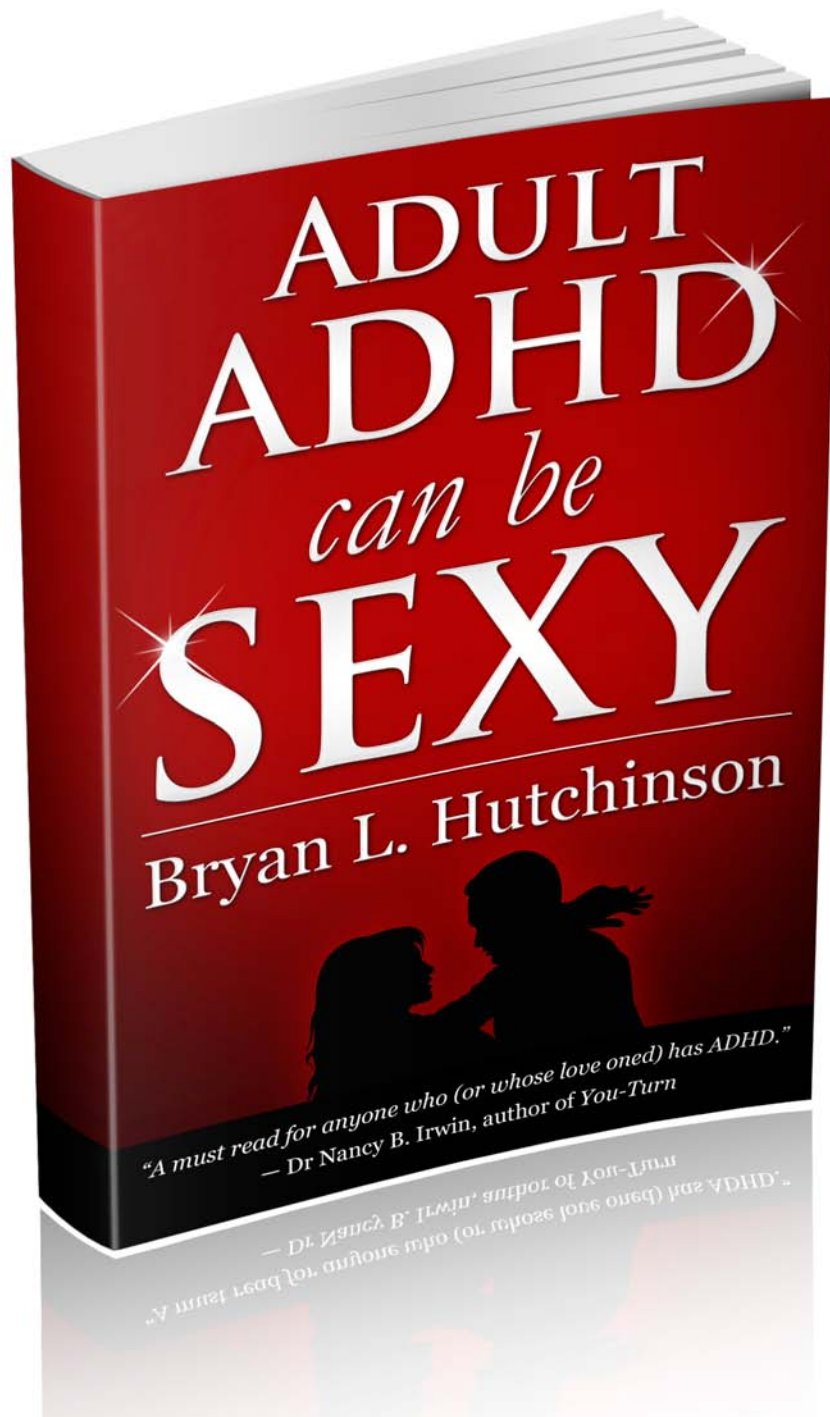
Who is *Bryan Hutchinson*?

Bryan is a world renowned book author and online blogger who writes about his experiences overcoming his personal struggles and the founder of the **ADDER World** Social Network. He's sometimes humorous and sometimes serious, but he's always insightful, positive and enthusiastic. Bryan believes each person is special and unique, well able to overcome their struggles and live out their dreams and passions. Bryan truly believes we are all better than we sometimes think we are.

For more information about Bryan, please visit his blog: adderworld.com.



Photos by Catalina Magee



Adult ADHD can be Sexy, is about the passions and dangers of relationships with someone who has ADHD. It is filled with practical tips for relationships and gives heartfelt advice concerning finding love, letting go, loss and rising to love again. This book may help enhance your relationship to be vibrant, alive and thriving or to build a new relationship with a strong foundation! Although *Adult ADHD can be Sexy* is written for people with ADHD and their partners, the tips and experienced advice contained within it is valuable to anyone with or without ADHD.

Dear Reader,

I wrote this the days leading up to Valentine's Day this year, just after I completed my new book '*Adult ADHD can be Sexy*'. I was reflecting on all the things I have come to believe about true, everlasting love for everyone. My intentions were to write an uplifting, delightful, short little blog post about modern life and true love, and to be a source of inspiration for my readers, their friends and anyone who stumbles upon it.

It has become so much more than that.

Although my writing may seem to suggest it, there are no instructions here, just my beliefs and thoughts for you to think about, consider and maybe talk about. Everyone has their own beliefs about 'true love', finding it and keeping it; therefore, I used my beliefs coupled with the times we live in to write this. I may very well have written my most controversial and risky piece, and yet hopefully, ultimately it is inspiring to those who read it.

It is my hope that if you enjoy this ebooklet, you will share it and pass it forward.

Best of wishes,

Bryan

Intro

Have there been times when you wanted something in your life so much that without any real effort you could clearly visualize having it? And then sometime down the road, without any indication, as if you had forgotten about it, you got it?

And yet, it wasn't nearly as wonderful as you imagined it would be? Perhaps your expectations and imagination were so ideal, that nothing could ever hope to live up to it?

It's not that way with true love. Even today, there's something glorious to look forward to. True love is special, unsurpassable.

No matter how splendid, clear and magnificent one's vision or idea is about true love, the reality is far and away much, much better than anything imaginable!

Modern Times & True Love Everlasting

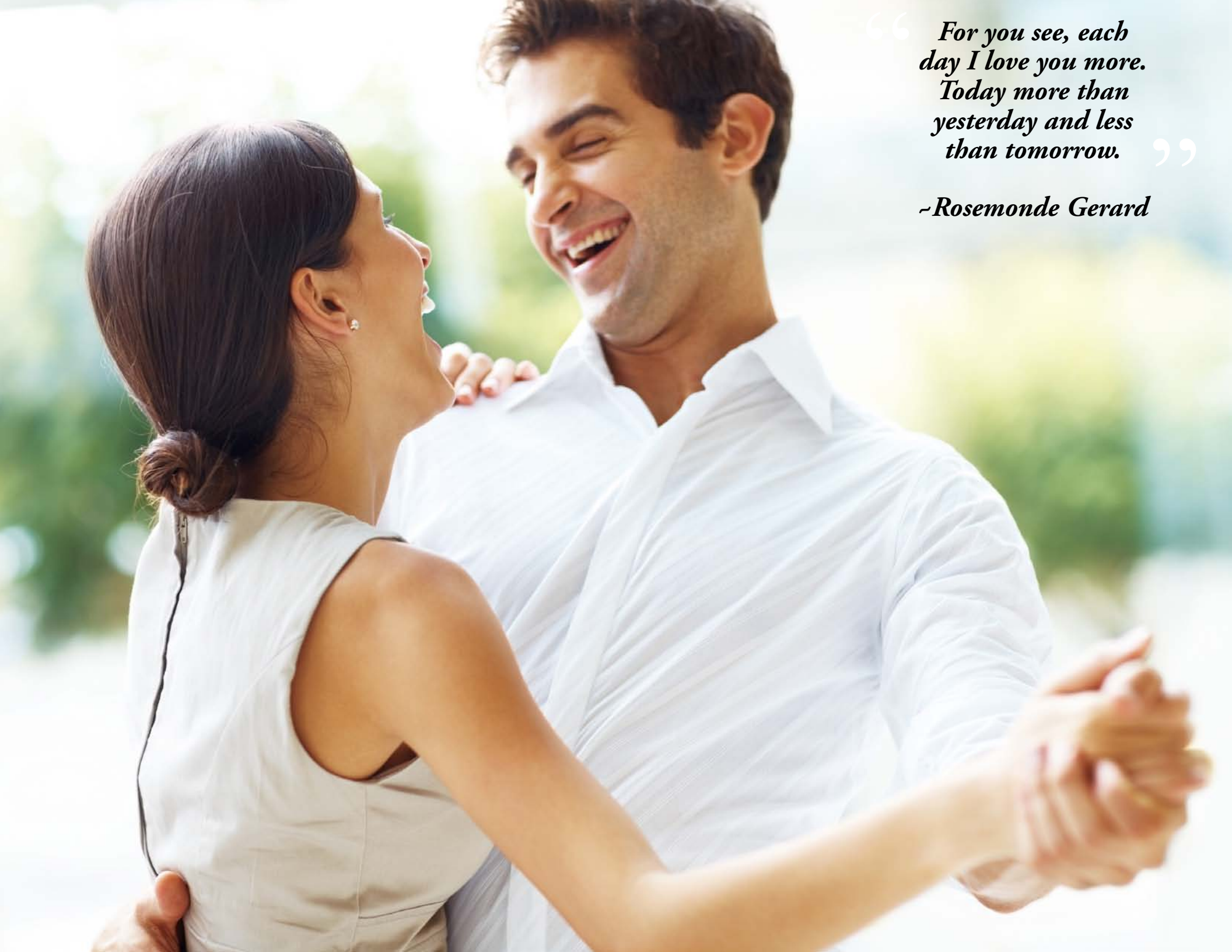
Ever since I have been old enough to understand that life is meant to be lived with another person, I have believed in *the one*, the one perfect match in grace and harmony, the one person to be with forevermore in true love. I have come full circle to believe all of that, but there have been so many twists and turns throughout my life that there was a time when I believed that true love was only a myth made up to dream about, but never actually have.

Most of my life I have been reckless in relationships, have had my heart broken more times than I care to admit and pretty much felt that I was missing out on something. No matter what I tried, no matter how much I dreamed and wished upon stars, I could never get lucky and find true, everlasting love, the kind we see between two lovers on the silver screen, the kind depicted in love stories, and the kind that inspires poetry that makes us weep with joy, laugh and cry, just as true love does.

I had no idea how complicated, mystifying and difficult it would be to find *the one*. I did not realize that such a belief, that there is one right person, one perfect companion, is now considered to be an unreasonable fantasy, fool's gold, in such modern times as ours.

I am glad I did not realize those things. I am so happy that I have never been considered a reasonable thinker, because I now know that true love, the everlasting kind, it exists, as sure as I am writing this.

It's magnificent, beautiful and enchanting being with the one who is absolutely, completely the right person. It is indeed more than I ever imagined it could be. For all of my fears, anxieties and incessant ruminating, even though I sincerely thought true love had somehow past me by, it hasn't. I have learned that true love never passes us by; no matter how much we think it has, that we missed it, ruined it or squandered it.

A man and a woman are dancing outdoors. The man, on the right, is wearing a white button-down shirt and has his eyes closed, smiling broadly. The woman, on the left, is wearing a light-colored sleeveless dress and is looking up at the man. They are holding hands and appear to be in a romantic embrace. The background is a soft-focus outdoor setting with greenery and a bright sky.

*For you see, each
day I love you more.
Today more than
yesterday and less
than tomorrow.*

~Rosemonde Gerard

However, as I will soon point out and explain further, there's a kind of trick, *a secret* if you will, to finding true, everlasting love. Without using this trick, so to speak, then one may never find true love. Many use it without ever thinking about it, they are the so called lucky ones.

True love is natural and not measurable. When we have it, the one ever so remarkable right person makes us better, inspires us to become whole in all that we are, to seek the seemingly impossible dreams and most importantly to care and love with all of our hearts.

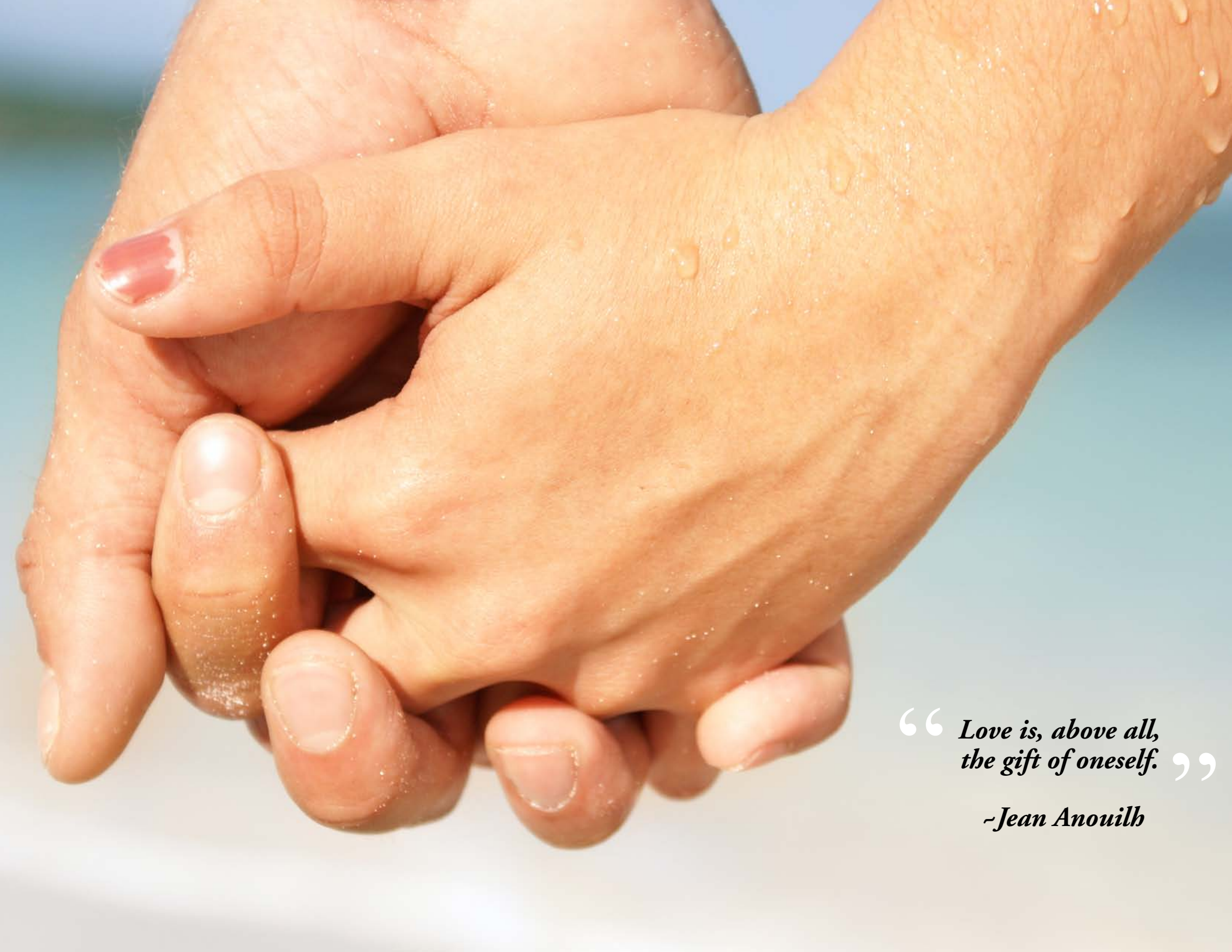
Difficulties and complexities exist as well, and as with all else, they exist to further the relationship toward harmony and grace. If difficulties cannot be overcome, then it is not true love. As one's true love cannot be lost, just as so, true love cannot be made from that which it is not.

It's that simple and that maddening. Faith, hope, and courage and a true sense of self, encourages true love into our lives. I will tell you why I believe we are losing those things in today's world and why it is so important to recover them. Even though I didn't realize it, it was my personal recovery that brought true love into my life. I had for so long felt lost and forsaken. True love could not find me, nor could I find it.

In today's world so many things have changed and not all for the better. The modern world has brought so many wonderful things which enhance our lives every day. But, it seems we are losing something. Somewhere along the avenues of advancement we are losing the value of relationships and what true love is, or was, or could be.

Today, everything is so fast and instantaneous and the demands for everything to become faster and better are ever increasing, even in human relationships.

Not too long ago, the world operated at a much slower pace. Friends got together, got to know each other intimately over years of learning about each other and making mistakes. When they were apart, they wrote passionate, meaningful, inspired



“ *Love is, above all,
the gift of oneself.* ”

~Jean Anouilh

love letters and notes to one another on treasured stationary. That's the way love was once, too. But, I ask you: Can you imagine this in today's world? Is it even realistic?

Doesn't it seem we have a couple months at most to make a relationship work? There seems to be an ever quickening timeline. A single dinner date can be the failing or succeeding indicator. We are of a modern world in a hurry, no time to dally or create a foundation, because if you do find someone it seems there are too many others that want to steal them away with a simple flash of a smile or maybe, all it takes is a wink. If relationships can be so superficial, it's no wonder true love has become so difficult to find. True love is profound and when we have it, such shallow things hold no sway.

Of course, there is the question of: *when*? In today's world, most of us are taught that we should wait until a certain age to experience certain things, to finish our education first, or land a good or better job, etc. An age for finishing school is somewhere between 22 and 28. Who knows when they will find a good enough job? In a much slower time and place Alexander the Great pretty much conquered the world before he died at the age of 32!

Interesting enough, even though waiting is solid advice for today's world, what about all the high school pregnancies and single mothers and fathers, and divorces at every age? Today's modern guidelines and standards do not always seem to match nature's intent for human evolution and hormones. Today, logic, science, standards, rules and restrictions take precedent. Has it gone too far? Will retirement eventually be the time to take a moment for ourselves and allow true love into our lives?

Doesn't it seem we are set up to prepare for life and then wait at the starting line, and finally when the starting gun goes off it all becomes a sudden intense race, which all too often leads the supposed winners to devastation in their emotional well being?

The world has changed so much that finding true love can be like picking the short straw. You may come to believe that you have to actually *settle*. How sad is that? I think it is very sad, indeed.

When visiting bars we can take our hand and point around the room and then randomly stop it in the direction of anyone. Then we approach that person and try to make him or her *the one*. Has it come to that? Or, we can exchange a few emails

“ *People who are
sensible about love
are incapable of it.* ”

-Douglas Yates



and that a few times, for sure this must indicate love, it must because time is of the essence. When problems later arise they can be attributed to *their* own problems or conditions and seek corrections accordingly, or easier still, couples can separate or divorce and continue the search.

I don't mean *settle* as in we have to take just anyone, or maybe that's what some do, but actually, what I mean is that we devalue our beliefs and lower our expectations to a point that we live in situations we are not comfortable with, or worse still, we settle for the one that was easiest and most accommodating *at the time*.

Somehow giving of one's self isn't simply an act of love anymore, it has become a chore of necessity in order to not be completely and utterly alone. In true love the things we give of ourselves once were natural and were a true expression of affection.


What about our hopes and dreams?

True love is about sharing dreams and being inspired together, ever reaching, and loving each other all the while. It is sad when hopes and dreams that people have in a relationship fade. And yet, we are told to remain hopeful, all the while so lonely without any belief, or proof that true love really does exist.

Depression, it is so common today, even among the young. We've come so far as the human race, but maybe we've stepped backwards at the same time. Nobody wants to feel alone, we don't want to feel unwanted or unloved, or that our hopes and dreams are for not. And yet, so many of us do feel such things. Despair may be more common now than it ever has been before. With all that we have in the material world, luxuries even kings of the past did not enjoy, we still want, and utterly need, true love's arms around us to hold us close, telling us everything is going to be okay.

*It is going to be okay. Indeed, I believe it, because I know
that true love exists, even in the modern world.*

What we need is trust, but where has trust gone? Trust takes time and we don't seem to have it in today's pursuit for relationships. Is good enough, good enough because it can be replaced by another fish in the sea? What was once such a simple cliché to get over heartbreak seems to have become a true to life fact to live by. It seems we have gone truly wayward.



“ *He felt now that he was not simply close to her, but that he did not know where he ended and she began.* ”

~Leo Tolstoy

It's hard to find or give trust, if we are always waiting for the other shoe to drop, or, if we are constantly testing each other.

In today's world, stereotypes, phobias and media impressions seem to rule what is supposedly true love. The moral to our stories come across as if they are none existent or fanciful at most. No true morals to live by, no code to hold up and too few resources to truly pull from. It's all about what someone can get from a relationship, or another person, and not the heartfelt *connection* between two people. It's a '*what have you done for me lately?*' syndrome. Being together is not enough anymore. The heart seems to have taken a backseat and trust has become nearly nonexistent, because we are always being measured.

And yet, I believe the heart remains our key to true love and eventually, when it awakens, only it can make *the* choice. The heart still leads, even today and when we forget about it and let our brains rule our passions, it is no wonder why we are so discontent. So I think, so I believe, so I have come to learn that what I feel, what I desire and what my emotions are telling me *are valid* and now I know to trust them.

I've always known what I have wanted and desired in another person. Perhaps I wasn't always fully aware of those things, but buried within me, over the years of conformity, they have always been there. So many of us have come to ignore what we feel and our heart's desire, that over time our inner longings seem to lose their validity. We are getting so many mixed signals, have a constant need for approval, and have our future expectations to take into account. Have we been led a bit astray?

We live in a world where marriages are practically set up from birth. In other words, we have been taught since the youngest age what we need from someone for sustainability, for a roof over our heads, the type of person we need in order to thrive. If we are lucky, we will love that person too. Doesn't it seem that way? And still, or maybe as a consequence, so many remain alone, or divorced or single with children, which is all too common in today's world.

So what about connection? What about heart's desire? What happened to knowing what you want in your heart and not settling?

There was a time when I went for what I apparently logically needed, what I believed would be sensibly right for me, but not what my heart longed for. And yet, as with so many people in today's world, I ended up frustrated, confused and so utterly alone. Even though, by all rights, I was anything but alone.



I love you!

How many of us feel we are to blame for everything and anything that goes wrong in our relationships? How many of us have had our values, way of life or personal circumstances blamed, cursed and demeaned, if not directly ourselves? The way we develop relationships today, is it any wonder? It took me so long to figure it out. Therapy did wonders for me.

There is no stopping the momentum of today's world and how quickly one is to be judged and held responsible. With how easy a superficial relationship can start with a wink or a smile, it should be no surprise really, that relationships often end as quickly as they start. Neither person is to blame. It's practically inevitable.

The modern world doesn't seem to be about love, desire and the hearts innermost longings anymore and yet, ignored or not, they still rule and we pay ever increasing prices with our emotions and our feelings, and ultimately our heart.

"I believe!"

That is an incomplete statement. Isn't it?

What do I believe?


That's what I am writing about, after all.

It is not enough for me to simply say *I believe*. It is more important and valuable for me to say, or at the least *know* what exactly I believe.

I believe in one true love. I believe two hearts can come together and have a fantastic and beautiful relationship.

I believe that there is no such thing as the perfect, conflict free relationship. No relationship can ever be faultless, because two people will always be individuals that must *come* together and meet their needs *together*, support their dreams *together*, talk about their aspirations *together*, and solve their problems *together*.

I believe the first to point blame without solutions and consideration brings strife upon them and potentially dooms their relationship. I believe relationships are made up of two people *together* that become like one. I believe each person should

An elderly couple with grey hair, both wearing white shirts, are dancing on a sandy beach. The man is holding the woman's hands, and they are both smiling at each other. In the background, the ocean waves are breaking, and the sky is a soft, hazy blue.

*“ Love is an
irresistible desire
to be irresistibly
desired. ”*

~Robert Frost

make adjustments for each other naturally. I believe that relationships based on logic or material needs alone will fail. I believe love is not meant to be entirely rational. There's actually *a lot* I believe.

I also believe too many relationships lack open discussion and honest disclosures of what each holds in their heart to be true, in essence what their hopes, dreams and beliefs are. I believe in today's world one's desires and opinions are held to the highest criticism and that too many want to control and modify what others believe to match their own. I believe this lack of acceptance and latitude dooms relationships, friendships and possible solutions.

Above all, I believe in *connection*. To see what another sees, to feel what another feels and to join them in their heart and mind, connecting together like two pieces of a brilliant and beautiful puzzle. Is that so unrealistic? I really don't think so.

In true love, two individuals who come together in heart and mind draw love and happiness from each other. They overcome the challenges of life together, leaping the tallest buildings in multiple bounds, together.

Indeed, true love is about feeling something immeasurable for someone else. To miss them the moment they walk out the door, to need their company again as much as the air we breathe. True love is the trust and faith of knowing that wherever they are, they are always with you. How many people have that in today's world?

Yes, true love is as vital to our existence as is the water we drink. We need it to be whole and to more than simply survive, to ultimately thrive. And still, true love is not about wanting someone who does not want you. True love is also about letting go, because maybe it hasn't truly arrived yet.

True love though, is not about being judged or judging another, although through our daily lives in society we have seemingly been taught to do exactly that. Manipulation of any sort isn't true love; it cannot create love or take it away. When we do these things we create a resistance to true love.

True love is not overly critical of anyone and finds more good in them than bad. The essence of true, everlasting love is goodness, integrity and pleasure, with understanding and acceptance.

“ *Nobody has ever
measured, even
poets, how much a
heart can hold.* ”

~Zelda Fitzgerald



I believe everyone, absolutely everyone, can find true love; it's not out of reach. It never really is. No one is ever so forsaken that they cannot find it.

I believe true love doesn't fail us. Instead, logic and lack of acceptance fail us time and time again. True love between two lovers' hearts does not have to be anything defined, it simply immeasurably *is*.

True love, when we have it, does not necessarily *need* to grow, but rather can *become* more and more appreciated and cherished when two people realize what they have *together*.

It seems in today's times too many of us want to define love by giving it rules, expectations and constantly new, updated standards, but that is the way of modern life and yet true love has become ever more difficult to find, even when we think we have found it. Such is the rules and standards and expectations of the modern times we live in. The further we come with logic, the further we distance ourselves from true love, it seems.

Years ago I met a young woman who started a healing process in my life that has yet to stop. She gave me suggestions and ideas that I had never taken into consideration. We had several delightful, unforgettable weeks together and I thought I loved her, perhaps I really did. I thought she was *the one*, but I didn't *know* she was the one. I wasn't certain, but I did try to convince myself of it. I let her go and she never came back to me.

What I have learned is that the person who comes along and gives you everything you ever wanted, or desired, that person should be so much more than a muse, that person becomes as is life itself. Too many of us, as I did, have come to lack the patience it takes to find such a person or to be open enough to allow them into our life. We have become easily, impulsively swayed and therefore hurt time and time again. I know this realization, it hurts, but there is still a way. I hold true that true love is never lost, even if you think you've had it and lost it; it is still on its way.

Anxious, we have become easily persuaded, so many of us have been looking for true love in all the wrong places and for the wrong reasons. We can allow our hearts to be influenced and held by others so easily in today's world, because we fear that we will never truly find *the one*, or as I did, that true love is only a myth.

“Loving is never a
waste of time.”

~Astrid Alauda



In true love, a couple builds their home *together*; they build their future *together* and neither is dependent alone on what one can give or do for the other. True love is not materialistic. True love is emotional. True love is not a logical or rational choice alone. True love cannot be purchased or made-up. True love is something and from somewhere that we cannot entirely explain. Yes, true love may seem mythical today, but it is not.

Some may say that I am giving fruit to a hope that doesn't warrant existence. That if we believe there is one true love then we will never truly be happy. I whole heartedly disagree. I think the opposite is true and that's the reason I write this.

In my beliefs hope is never lost, because everyone gets a chance to find true, everlasting love sooner or later.

The first place to look for true love is within. I believe that once we find love for ourselves, just as we are, then we send out a beacon to the world that is like a brightly illuminated sign for true love to find us.

Now, for the secret I mentioned when starting this, there's a secret trick to finding true, everlasting love.

The secret, or the so called *trick*, to finding true love isn't really a trick at all and it is something which is slowly being lost today, its called *faith*. To believe in something which is unseen, unheard, and comes from somewhere that we cannot logically define or modify.

If the idea that faith is a part of true love seems wrong to some people, then therein is the answer for them. Such rejection clearly shows, brighter than any other sign, that faith is where true love has been lost and only there will true love be found. If someone cannot believe in true love, then it does not exist for them. Not because true love does not exist, but because they have, perhaps unknowingly, chosen that it is not part of their life. Maybe they have been let down, hurt and are in emotional turmoil. The mere suggestion of faith is distressing and heart breaking to them. It's no wonder, really.

Today's world is about control and having faith seems to take away our sense of control. But, true love cannot be controlled and it cannot be swayed. And, we cannot find it outside of ourselves in any manner, if we cannot find it within ourselves first. And yet, who has the time to search within?



“ Love is the greatest
refreshment in life. ”

~Pablo Picasso

Everything is moving at such a fast pace today. We are put under so much pressure to do more and to do it more quickly and have control over everything in our lives at the same time, that we are exhausted, let down and do not have time to consider anything other than what we have to get done right now. We are hardly ever *in* the moment, because we can rarely seem to find the time to enjoy and appreciate a moment.

It's not anyone's fault. There is no one to blame. I've been there too. In one way or another, we all have. Haven't we? But, we *can* do something about it. We really can. I know we can. It's within all of us to find our true love, to shed our anxieties and fears, to find faith in something we can't see or hear, but can *feel*. Something we can feel so deeply within ourselves, that when it is not there we are in agony, we feel remorseful, we feel empty, drained, dejected and depressed. It's natural and none of us are alone having such feelings. We've all *felt* these things.

And that's the answer, that's the key to unlock the door to finding true love and becoming whole once again as we were always intended to be.

If there is any specific message I want to share with you it is this simple truth: If you can *feel* it, especially the lack of it, even though you can't see it or hear it, then it exists. Can you feel it? Have you ever felt alone? Have you ever felt lonely? Have you ever felt that nothing you can do is right and no matter how much you try and try again, there is simply no hope? Have you ever felt empty inside like there's nothing there, just hollow, and for no reason at all you have cried your heart out? I think we all have felt this way at some time in our lives, but I believe that's good because these feelings tell us something.

Let any anger go, let any frustration melt away from you and allow this knowledge to warm your heart. It deserves repeating, if you can feel the lack of something so intensely, then that above all else tells you something exists. If true love did not exist for you, then you would not *feel* these things. Trust in your feelings, if nothing else. Have faith that you have a heart that senses longing and needs to be whole; it is telling you something precious and hopeful. Rejoice that you can *feel* when something is missing, because that means it is out there and you will find it or, it will find you.

Indeed, allow yourself time to feel all that you have missed or that you are missing, because nothing is more intense and real than what we feel, even if it cannot be touched, heard or seen. We should be drawn to someone by what we *feel* for them.



It has always been our feelings and emotions that have helped give us direction when there wasn't always an obvious path. Trust in that, and you will find your true love. Don't set a time frame, just enjoy that you are already whole as you are. You have true love within you and when you know that, feel that and accept that, the anxieties, fears and longings start to fade. Let go to be whole.

For some it is traditional to replace the word faith with hope, and yet mean it in the exact same way. Sincere faith in our hearts and our minds for true love is what matters most.

This is not all to say that logic and forethought do not play a role in finding true love. What I am saying is that what's been lost must be found within our hearts and in faith that true love does indeed exist for you and for me, for all of us.

Hope, love and grace is never, no, never ever completely lost or beyond our reach, we are never beyond coming into who we are and loving ourselves with all of our hearts!

The one who loves you is out there or perhaps with you already. I truly believe that with all of my heart. I have been in that place where confusion ruled and I thought I had all the answers already, but alas I did not. I became depressed and hopeless, so much played a role. However, I learned the most valuable lesson of all and that was to trust that goodness exists and true love will find me. It did. I hadn't missed it; it was waiting for me as true love does for all of us.

My personal story can be found within the pages of my book, 'One Boy's Struggle: A Memoir'. In writing this today, I wanted to share with you what I have considered recently from my personal story and have come to believe more deeply, as true love continues to blossom in my life. And now, I will go yet even further:



“ Love is when you
can be your true
self with someone,
and you only want
to be your true self
because of them. ”

— Terri Guillemets

Consider, for a moment, this world we live in. In the vastness of space, Earth is the only planet that is the perfect distance from a sun to support life. We have food, water and air to breathe. We cannot completely explain why we have all of these things to support life here, but we do. Somehow we came into existence in the perfect place in the universe. Moreover we have been given the bodies, emotions, logic and so much more to advance ourselves.

Our advancements in science and logic still cannot tell us with certainty how, or why we came about or much less if there was a celestial reason.

What we do know is that life's existence is far too complex for us yet to completely comprehend, but what we also know is that we did not come about to be alone. We have the precious gift of true love and we know this, because we can *feel* it. We have so much more than only the capacity to walk from one point to another. We have the fantastic power to believe in the incredible and the inherent capacity to truly love each other and take care of each other.

True love was created for a reason, we may not completely understand why or how, but it is obvious that without it we become forlorn and feel forsaken. Therein *is* our hope!

*Just the hope, the hope for one true, fantastical, immeasurable true love,
just that one thing, can change everything for the better.*

Never give up on true love. Hold on to faith and hope. I know it sometimes seems like the most impossible dream and seems that it is only a mythical fantasy, but it is real, in fact, there's nothing as real in all the world. There is nothing in the history of the human race that has ever equaled our innermost needs and desires, and no luxury has ever been able to match it, much less replace it. Even through wars, through famine and through times as we live in, it always remains in our hearts and speaks to us no matter what place we are in. It is there, always, faithfully.

True love calls out to us. It is very close to you and it is with you right now. You can open your heart to it and it will never reject you. When we think the world is against us and everything we do is wrong, that serves to tell us we should return home to our hearts and take stock of what we *feel*.

*No one is as magnificent and deserving as you are.
You are whole, complete and amazing!*

Indeed, you are deserving of true love, because you are the embodiment of true love.

And, that's the ultimate secret. ~

With all this said, please know that it is not my belief that a struggling relationship means it is not true love. Finding true love together, could be the answer.

~ I wish you true love, because I believe, *absolutely*, without any doubt that if you haven't already, you will find it.

Bryan



Postscript Précis

Help me make a difference, let's get people everywhere to start talking about true love once again, what it means to each of us and why it seems the modern world has neglected it or seems to be forgetting it; and therefore, as a substitute many are settling for shallow relationships, because there doesn't seem to be any better option. If significance has gone missing, let's bring it back into our lives and relationships by giving it due relevance anew.

We do not have to sell ourselves short. I believe we can prevail over the superficial, shallow traps of today's world and find true worth in ourselves and others. There are so many quality relationships that can be discovered, or actually salvaged, if people truly come to care about each other again and not worry so much about what each has to offer the other, or how much, or who is giving or taking what.

When people truly care about each other, the things given and received take place naturally, without keeping score. There's no tit for tat, or complex efforts to go through hoops. Indeed, despite the modern concepts of relationships, I do not believe true love is supposed to be hard work. Does the term 'True Love', sound like it is supposed to be exhausting? True love is something to look forward to, it is breathtaking and pleasurable. Has this been forgotten in today's world?

Shallowness leads to emptiness, which ultimately leads to despair. When will we have enough of that and seek something better, more rewarding and worthy?

We deserve better, because we are better!

As a matter of fact, it was through the thought provoking approach and sharing of ideas from a dear friend, which compelled me to consider better things for myself. As I have mentioned before, that was my start, and has been the pivotal difference for me.

As for me, I have made a great many mistakes in relationships. I am far from perfect, but I have learned that we can forgive ourselves, as well as others, and strive to improve and from there, discover our inherent worthiness of true love.

*Allow me to assure you, true love, the real thing, it does exist
and when we truly have it, it is forevermore. ~*

~ I hope you've enjoyed reading my thoughts about true love. I did not go into detailed solutions in this particular piece, because I believe we each have answers for ourselves within us already, but sometimes we can use the sharing of thoughts and ideas to compel our own answers to the surface. I was lucky to get that, and this ebooklet has become another way for me to share that with you and others.

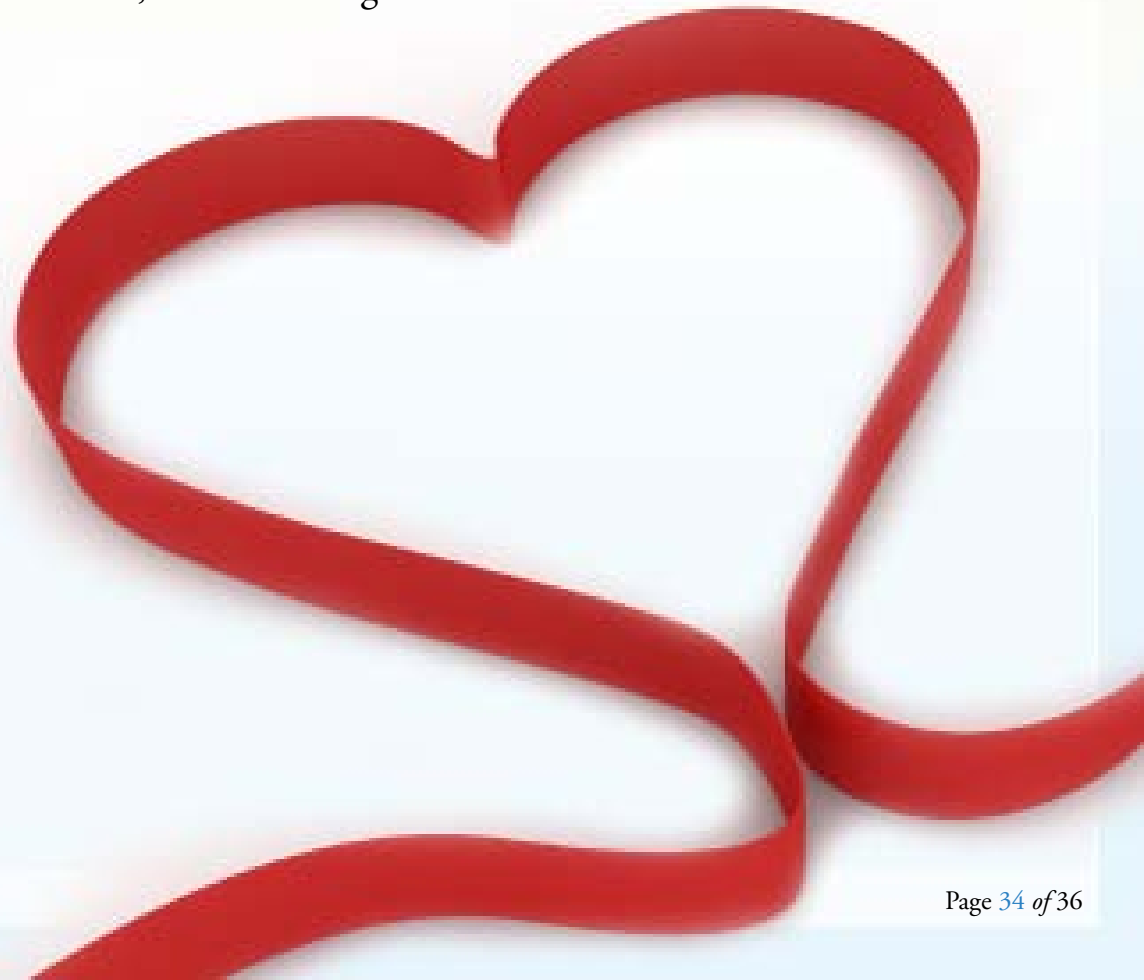
And now, it can be your turn, please help me make this effort truly never-ending and forevermore, by passing this forward to friends around the world. Email it, blog it, and/or post it on your favorite social networks. I'd also like to hear from you and know your thoughts too. Let's talk about true love, you know, the everlasting kind!

Thank you.

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Bryan Hutchinson is the Author of these books in print:

- *One Boy's Struggle: A Memoir**
- *The Brilliant Reality of ADHD*
- *Adult ADHD can be Sexy*

More free downloadable eBooks by Bryan Hutchinson:

- *10 Things I hate about ADHD*
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**One Boy's Struggle: A memoir has received overwhelming positive reviews by professionals, authors, teachers and readers around the world. Many of the reviews have been posted [here](#).*

The Brilliant Reality of ADHD 'Editor's pick' in [ADDitude Magazine](#).

Contact Bryan online

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The intent is for friends to share with friends to share an idea of what true love is, or could be, together—to get folks to talk about how true love and the meaning is fading from today's world. The author asks that with sharing this ebooklet to not spam.

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