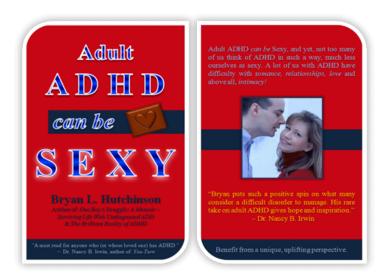
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Help spread the word about this exciting new book!!!**



A new book about Adult ADHD, personal relationships and intimacy.

For Immediate Release - now available!

Author: Bryan Hutchinson

Contact: bryan.hutchinson@adderworld.com

This newly released book, *Adult ADHD can be Sexy* is for anyone who has ADHD and for anyone who is interested in a relationship with someone who has ADHD. *Adult ADHD can be Sexy* explores relationship dynamics from the inside-out.

When people think of ADHD, the usual thoughts that come to mind are lack of focus, behavioral problems, romance and relationship issues and above all, intimacy difficulties. However, Bryan Hutchinson offers a unique vantage point into the world of Adult ADHD and goes a step further by exploring the concepts of relationships and sexiness in *Adult ADHD can be Sexy*. Hutchinson makes case and point that there are two sides to each coin and that just because dealing with love and romance can be difficult, it doesn't mean that the same qualities of Adult ADHD that are considered problematic aren't also considered to be sexy. This page turner will have you rethinking problematic issues versus being sexy and alluring!

"A must read for anyone who (or whose loved one) has ADHD. Bryan puts such a positive spin on what many consider a difficult disorder to manage. His rare take on adult ADHD gives hope and inspiration." – Dr. Nancy B. Irwin author of You-Turn.

Bryan Hutchinson is the author of the critically praised memoir: *One Boy's Struggle: A Memoir – Surviving Life with Undiagnosed ADD*. For many, Bryan Hutchinson is credited with revolutionizing their views of ADHD, especially with concern to self-recovery. He has given the ADHD community, and beyond, a personal perspective they can sincerely and directly relate to. Bryan Hutchinson is also the founder of the ADHD social network ADDer World.

For more information and to purchase *Adult ADHD can be Sexy*, visit: <u>www.ADDerWorld.com</u> Buy directly <u>here</u>.

Adult ADHD can be Sexy ISBN 0-7414-5937-X -Infinity Publishing - Copyright Bryan Hutchinson 2010